

## **National Seminar Presentation**

### **“Sustainable Yogic Farming: A New Step for a New Yuga”**

**- Dr. S.P. Raut, BK. V.A. Karche, BK Rugebhai & BK Manisha.**

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**This was a scientific paper presented on 7<sup>th</sup> March and was typically on a new topic using Rajyoga Meditation for better yields and quality of crop produce.**

**Dr. Raut presented this paper in English for the dignitaries and delegates of National Seminar held at Dr. BSK Krishi Vidyapeeth, Dapoli from 6 to 8<sup>th</sup> March, having theme “Role of Extension Education in Changing Agricultural Scenario”. Seminar was organized jointly by Dr. BSKK Vidyapeeth, Dapoli and Maharashtra Society of Extension Education, Pune. BK Rugheebhai narrated his experiences of past 8 year’s research trials on several crops while BK Manisha given the Rajyoga mediation commentary to 125 participants from several states of India.**

**National conference was inaugurated by Dr. Mehta, Chair - person & Vice-Chancellor , Dr. BSKKV while Dr. Subhash Puri, Vice-Chancellor, Central State University, Imphal, Manipur State presided over as the Chief Guest. Also, Dr. Kiran Kokate, Deputy Director General (Extension), ICAR, New Delhi & Vice- President of MSEE graced the seminar by funding & presenting his valuable views. Dr. R.R. Sinha, Founder of the Society & Ex-Chairman addressed the scientists for developing effective techniques of extension education. Dr. B.B. Jadhav, Director of research, Dr. A.G. Powar, Director of Extn. Edn. and Dr. G.D.**

Joshi, Director of Instruction & DR. A.J. Nirban, Head Dept. Agril. Extn. & Organizing Secretary addressed the seminar. Dr. Shirke, Secretary presented the report of the Society.

Dr. Raut in the above presentation illustrated outstanding results of 8 years field trials depicting the effect of Rajyoga Mediation on increased crop yields and quality enhancement in Tomato, Chilies, Egg-plant, Sugarcane, Maize, Papaya, Cucumber, Wheat & Rice. In Tomato at Chipri village, a plot receiving Rajyoga Mediation has not only increased the net profit but also increased proteins from 0.7 to 1.13 , carbohydrates from 4.15 to 5.67, Vitamin C from 6.05 mg. to 14.90 mg. per 100 gram of Tomato fruits. *This resulted in increased energy value per 100 gram Tomato from 19.5 K Calories to 27.47.* While, fat was reduced from 0.2 to 0.1 per cent. Dr. Raut gave several references from the history wherein it was justified that plants responded to Meditation and feelings of human beings resulting in better yields.

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ABSTRACT FOR NATIONAL SEMINAR ON  
“ROLE OF EXTENSION EDUCATION IN CHANGING AGRICULTURAL  
SCENARIO( MARCH 2010)”

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Dr.RAUT S.P.,BK KARCHE V.A., BK. RUGEBHAI & BK. MANISHA  
“SUSTANABLE YOGIK FARMING : A NEW STEP FOR A NEW YUGA”

Brahma Kumaris Ishwariya Vishwa Vidyalaya, Mount Abu (Rajsthan), India is the Member NGO of UNO & consultant of UNICEF as also to Economical & Social Council (ECOSOC) . This world famous vishwavidyalaya was honored by “Peace Award” by FAO, Rome & has also received International & National awards for its outstanding contributions to humanity through Rajyoga Meditation. The Rajyoga Education & Research Foundation (RERF) of the Gram Vikas Division have launched a new & unique world project ‘ Sustainable Yogic Agriculture : a new step for new Yuga’ which was founded to undertake research on improvement of performance of several crops which are grown organically & are exposed to Spiritual Yogic Power through Rajyoga Meditation.

In past 8 years, several experiments were conducted in Maharashtra & other States with execution of organic farming accompanied with Rajyoga Meditation on crops such as Tomato, Sugarcane, Cucumber, Wheat, Chilly, Egg plants etc.

It was revealed that not only the net profit per unit area was increased and qualitative parameters were better in Yogic farming. In tomato for ripe fruits per 100 gram the percent protein increased from 0.74 to 1.13, Carbohydrates from 4.15 to 5.67, Vitamin C increased from 6.05 mg to 14.90 mg resulting in increased energy value per 100 gram tomato from 19.5 K Calories to 27.47 . However, the fat was reduced from 0.2 to 0.1 % . In addition the appearance & the taste of tomato was most appreciable due to Rajyoga Meditation.

Plants respond positively for feelings of human beings was proved in the past by Sir Jagdish Chandra Bose who correlated the eternal energy flow of plants which changes with feelings towards the plants & can be measured by Galvanometer of Lie Detector. Cleave Backster also confirmed this in his experiments on Drasaena species (Goodluck bamboo) & proved that a harmonious relationship of human being with plants can make later to perform better way in yields. Charles Darwin in his book “The Power of Movements in Plants” has mentioned that the micro-organisms at the feeder roots are sensitive like brain to acquire signals of nature & likewise monitor the plant activities. Luther Berback from France also could automatically de-throne the cacti through meditational power by requesting plant.

Summarizing, the man is limited but not the Universal Spiritual Power which is infinite & can be transmitted as vibrations to plants by Human beings for better plant performance. The pure food will make pure minds & the powerful human beings will make the world healthier.

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1. Dr.S.P.Raut is the Ex. Head, Dept. of Plant Pathology, D.B.S.K.K.V. Dapoli. who will orally present the paper,
2. Karche Vithalbai, is Deputy Director, Dept.Agri., Satara
3. Brahma Kumar Rugebhai is Shashwat Yogic Farmer
4. Brahma Kumari.Manisha is Shashwat Yogic Guide